

# SHOUTOUT DFW

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LOCAL STORIES

## Meet Suzanne Slonim, MD | Founder and Medical Director

May 12, 2021



We had the good fortune of connecting with Suzanne Slonim, MD and we've shared our conversation below.

### **Hi Suzanne, can you walk us through the thought-process of starting your business?**

I started the Fibroid Institute Dallas because I saw that America was facing a public health crisis. Millions of women are suffering from uterine fibroids, including 80% of African American women, 50% of White and Latinx women, and approximately 6 % of Asian women. Fibroids can have a significant impact on a woman's quality of life.

They can be exceedingly painful and disruptive to work and social life to the point of being debilitating. As someone who has the knowledge and ability to solve the problem in a less invasive manner than a hysterectomy, I decided to dedicate my practice to expanding access to and educating women about fibroid treatment alternatives. In my position as the founder and medical director of the Fibroid Institute, I am the only interventional radiologist in the region who solely focuses on treating fibroids with uterine fibroid embolization (UFE), a minimally invasive procedure to treat the condition without surgery.



### **What should our readers know about your business?**

As I mentioned before, the Fibroid Institute Dallas is dedicated to treating fibroids without surgery and to educating women about all their options for fibroid treatment. Every doctor you speak to is going to say they provide excellent patient care. What sets us apart is our team's high level of dedication. Everyone at the Fibroid Institute is going to do whatever it takes to get each patient the care she needs, even if it means sending her to a different doctor. Every patient I've treated knows she can call me any time and I will answer my phone or get back to her quickly. It was a

challenge to establish credibility in the community of women with fibroids, but we've done it by being there for them and providing consistently good care. Before the pandemic, we held social events allowing women wondering if uterine fibroid embolization was right for them to talk to women who have been through it. The other factor that sets us apart is the degree to which we work with a woman's gynecologist. The majority of women we see come to us behind the back of their gynecologists. We bring the gynecologist back into the conversation, letting them know about the UFE procedure and how well the results turn out. That way, the next patient they see who doesn't want a hysterectomy is given the option to come to the Fibroid Institute.

### **Any places to eat or things to do that you can share with our readers?**

If they have a friend visiting town, what are some spots they could take them to? This is a challenging question in the time of Covid. These days, the highlights of a Dallas visit would include a walk on the Katy Trail and a bike ride at White Rock Lake, I haven't really ventured back into restaurants or



retail yet. The one place I'm most looking forward to visiting is Eataly at NorthPark Mall. I can't wait! In the meantime, socializing has been restricted to outdoor dining in someone's backyard. Choosing the source for the nourishment is another story. The fare would have to include Fadi's for great Middle Eastern food. A visit to Dallas wouldn't be complete without some excellent barbecue. My top choices would be either Ten50 BBQ or Spring Creek Barbecue. Another Dallas staple would be Gloria's Latin Cuisine, rivaled only by Uncle Julio's. And for a simpler option, I would go with a fantastic pizza from Italia Express and a custom-made salad from Eatzi's.

### **Who else deserves some credit and recognition?**

Of course, I want to recognize my mom, Roberta Slonim, MD, who has always been my role model. She broke through boundaries on the frontier of women in medicine. Her life has been spent as an old-time doctor, getting to know each of her patients, making housecalls, and taking care of several generations in each family. She just turned 90 and only retired her practice last year. My close non-medical friends who are successful business women also deserve acknowledgment. They have been a treasure trove of guidance and mentorship. They think they're getting free medical advice from me, but I'm really the one picking up pearls of knowledge from their experience. And I definitely want to send a Shoutout to my team at the Fibroid Institute Dallas. Without the wonderful women supporting me at the practice, the Fibroid Institute would not exist.



Website: <https://www.fibroidfree.com>

Instagram: <https://www.instagram.com/fibroidfreemd>

Linkedin: [linkedin.com/company/fibroidfreemd](https://www.linkedin.com/company/fibroidfreemd)

Twitter: <https://twitter.com/FibroidFreeMD>

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Youtube: [https://www.youtube.com/channel/UCzJ4u-vtHJLOjFoQ2K\\_QYmw](https://www.youtube.com/channel/UCzJ4u-vtHJLOjFoQ2K_QYmw)

Other: To schedule a consultation appointment call 214-838-6440 or schedule online <https://www.fibroidfree.com/appointment/> or to get a copy of Pain-Free Periods by Dr. Slonim <https://www.fibroidfree.com/pain-free-periods-book>

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